

eats.

Our new

AUTUMN/WINTER

Menu for 2018/19



Craig Byford
Food Development Chef

Welcome to the new Autumn/Winter Menu for 2018/19

This menu has been created with the help of our menu development team. This team is made up of our Head of Kitchens from various schools across all regions who bring a wealth of knowledge and experience. We have also taken on board feedback from parent, pupil and school surveys and used this information when developing this menu.

We have some new dishes & old favourites on the new Autumn/Winter menu.

The new dishes are Beef & Tomato Grill in a Homemade Bun, Mild Chicken Tikka, Rice & Naan Bread and Cheesy Vegetable & Lentil Bake. We also have some exciting new desserts including Raspberry Apple Cake, Low Sugar Brownie & Fruity Thursdays.

29% Sugar Reduction

Vertas have continued to work behind the scenes to reduce the sugar content of our desserts; Since 2016 we have successfully managed to trim a whopping 29% out of our dessert recipes. This equates to 3.5 double-decker buses.



The Governments Childhood Obesity plan launched in August (2016) challenged all sectors of the food industry to reduce the sugar content by 20% by 2020.

Promotions

Check out your schools website for upcoming promotions and theme days.



IS your child entitled to a free school meal?

Any child in reception, year 1 and year 2 is entitled to a free school meal each day. Speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may be also eligible for a free school meal.

Are you the missing ingredient?

eats is part of a multi-service facilities management organisation with people at its heart. Our services are broad and include Catering, Grounds, Cleaning and many more. If you are looking for a job, and are passionate about offering a quality service we want to hear from you. If you are seeking a new opportunity and want to join an innovative and exciting company please visit vertas.co.uk/careers or for more information contact Becki Bradford careers@vertas.co.uk or call on 01473 264469

Your feedback is important to us and will assist in planning our next menu. Please send your feedback on the following website: eats-catering.co.uk

